

RAINBOW MESSENGER NOVEMBER, 2010

AVAILABLE DAILY AT THE CENTER



- **WALKING:** - In climate-controlled banquet room, twenty-five (25) laps equals a mile.



- **OUTSIDE WALKING TRAIL:** - Each lap equals 1/3 Mile. Exercise and enjoy the beautiful Fall scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 8:00 a.m. to 1:00 p.m.



- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.

REGULAR SCHEDULED ACTIVITIES:



- **EXERCISE CLASS** is held every Monday and Thursday morning at 9a.m. in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **TLC CLASS (Tender Loving Crafts Class):** Betty Hoffman, craft coordinator, is getting us into the holiday mood with some Thanksgiving and Christmas projects on the November calendar. Class begins at **9:00 a.m. Tuesday** mornings in the Craft Room. The studio fee is \$3.00 per session. Project supplies are at cost. This is an enjoyable easy going class and newcomers are always welcome.

Nov. 2nd - Corn Pumpkins
Nov. 9th - Pilgrims
Nov. 16th - Pumpkin Pie & Coffee
Nov. 23rd. - No Class
Nov. 30th. - Nativity Set



- **SINGING SENIORS:** The Singing Seniors meet on Friday mornings at **10:00 a.m.** at the Habig Center. **On Friday, November 19th at 10 a.m. they will be singing at Northwood Retirement Community.** They are always looking for new voices to participate. Together we make a joyful song!

B I N G O				
7	25	44	57	62
15	22	40	50	70
11	30	FREE BET SPACE	46	74
2	28	37	55	68
10	27	39	59	75

- **BINGO** will be held on Tuesday, November 9th and Tuesday November 23rd. beginning at **12:00 noon**. We ask you to keep bills to \$5 and under or correct change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two coveralls. Beginning at 11:30 a.m. someone will be there to collect.



- **BLOOD PRESSURE CHECKS** will be available from 11:15a.m. - 12:15 p.m. on Tuesdays, November 9th, & 23rd. in the banquet room.



- **LINE & SOCIAL DANCING** Wednesday mornings, November 3rd, 10th & 17th from 10 to 11:30 a.m. Don't miss out on the fun! Wear a smooth soled shoe for easy movement.



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• **CARD TOURNEYS:**

- **Thursday, Nov. 4th**
Sheephead Tourney
- **Thursday, Nov. 18th**
Rum Tourney

Games start at 12:00 (noon) and we will play until 3:00 p.m. Entry fee is \$1.00 and prizes will be awarded. Please sign-up by 10:00 a.m. the morning of the Tourney.

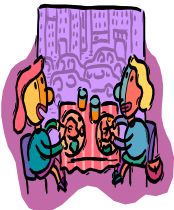
TEXAS HOLDEM: Monday November 29th at 1:00 p.m. There will be a \$1.00 charge for the chips and the winners will receive a cash prize. **Reservations are due by 3:00 p.m. Wednesday, November 24th.**

*****SPECIAL ACTIVITIES*****

- **CATERED MEAL:** Enjoy Breakfast for lunch! Sanders will be catering the meal **Monday, November 29th at 11a.m.** The menu will be: Bacon or Sausage, Scrambled Eggs, German Fries, Biscuits & Gravy and Coffee.

Cost is \$6.00 with **reservations due by 12p.m. on Wednesday November 24th.**

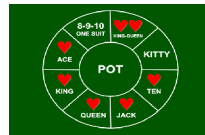
- **LUNCH BUNCH:** Black Buggy is the restaurant chosen for the November get together. We will meet at 11:00 a.m. on Monday, November 8th. The price of the lunch buffet is \$6.99, a drink is an additional \$1.79. **Please make your reservation by 3:00 p.m. Thursday, November 4th.**



- **BOOK CLUB:** The club will not be meeting in the month of November. Our next discussion will be on **Wednesday, December 1st at 1:00 p.m.** The book selection is "Ice Cold" by Tes Gerritsen. It received 4.5 stars out of 5 in reviews from those who have read it. If you like suspenseful books, this is the one for you.



- **BOOMERAMA:** Monday, November 15th 12:00 p.m. Our guest speaker is Craig Fehrenbacher, LMFT (Licensed Marriage and Family Therapist). He will be sharing some thoughts on how to get through the approaching holidays in healthy ways. His talk is entitled, "Why I hate this time of year." The cost is \$5.00 to cover the cost of the lunch. **Reservations are due by 3 p.m. on Friday November 12th.**



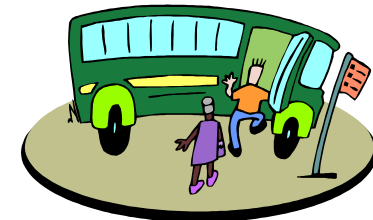
- **TRIPOLEY:** Join us for Tripoley on **Wednesday, November 24th at 1:00 p.m.** Bring your pennies to play. It is an enjoyable afternoon! **Please sign-up by 3 p.m. Tuesday, November 23rd.**

CHRISTMAS PARTY



The Center's annual Christmas Party will be held on **Tuesday, December 7th with the meal being served at noon.** The Caterer is Meyer and the menu is: Beef tips with egg noodles or Chicken breast, dressing & gravy, green beans, sweet & sour slaw, rolls & butter, dessert and iced tea. The afternoon will include entertainment by the Singing Seniors plus door prizes. **Cost of the afternoon is \$10.00 for: meal, entertainment and prizes.** Reservations will be accepted at the Center starting Friday, November 5th at 1p.m. through Tuesday, November 23rd at 12p.m. Signups will end before the 23rd if we reach our limited capacity of 150 participants. **You can make your reservation in person or by phone. Money is due by Tuesday, November 23rd.**

NEW! We will have a shuttle service every 15 minutes from the armory parking lot to the door of the Center from 10:30 a.m. until 3:00 p.m. or until everyone is shuttled to their vehicle. As always, carpooling is appreciated.



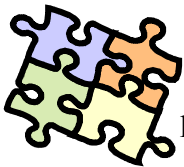
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Wii GAMES: The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. Carie or Bev will be available on **Wednesday, November 3rd to play or to give you assistance using the game**. Be sure to come in and give it a try. It is really fun to play!!

CORN HOLE: You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

SCRABBLE: Games will be played on Tuesday November 2nd, 16th & 30th at 12 p.m. It has been fun for all the participants and new comers are welcome! **Please call in by 12 p.m. the Monday before the Tuesday game you would like to play in..**



PUZZLES: We have one on the dining room table for anyone who would like to help. Put a few pieces together in passing or sit for awhile. If you have puzzles that you'd like to bring in, please do so!

NOVEMBER TRIP



Horseshoe Casino Trip is Monday **November 22nd**. The bus will be leaving Huntingburg at 8:15 a.m. and picking up at the Jasper Armory at 9 a.m. The Ferdinand participants should be ready for pickup at 9:15 a.m. Don't forget photo I.D. for being a big winner!!

FUTURE TRIP

DECEMBER

Derby Dinner Playhouse - \$46.00 is due by 3:00 p.m. Tuesday, November 16th. Sign-ups were in October. **The actual trip is Tuesday, December 14th, leaving the Jasper Armory at 10:00 a.m.**



RECIPE EXCHANGE

CROCK POT DRESSING

1 - Cup Margarine
2 - Celery, chopped
1 - Cup Onion, chopped
1½ tsp. Sage or Poultry Seasoning
½ tsp. - Pepper
12 - Cups (1 loaf) Toasted Bread Crumbs
4 - Eggs, beaten
4 to 5 cups - Chicken Broth
Chicken pieces, canned or cooked, chopped
Salt to taste

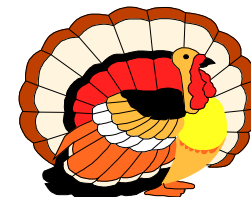


In skillet, melt margarine and sauté celery and onion. Pour over bread and then stir in seasonings. Add beaten eggs and broth; mix. Pack lightly in crock pot. Cook on low 4 to 8 hours. Double recipe for a 2 quart crock pot..

Submitted from: Salem's Family Cookbook

• **CENTER CLOSING:** The Center will be closed on the following days: **Thursday, November 11th - Veterans Day Thursday, November 25th and Friday, November 26th—for the Thanksgiving Holiday.**

Have a Great Thanksgiving



RAINBOW MESSENGER



- **SUGGESTIONS:** If you have any suggestions for activities or trips for 2011, please let the staff at the Center know. We will be starting to plan the 2011 calendar before long and could use your ideas and suggestions. Thanks for your help!

- **BIRTHDAY & ANNIVERSARY:** If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!

MILL VOLUNTEERS NEEDED:



The Mill is looking for individuals to greet customers and sell souvenirs. If you are interested in volunteering on Saturdays or Sundays, please call the Park & Rec. office at 482-5959.



- **BOOK SHELF:** We have spaces available if you would like to bring in books to loan out or borrow. Make sure your name is in the book and we will have a sign in and out sheet available. If you have any questions, please feel free to call us at 482-4455. Thank you!! We have a nice selection for you to pick from.

HAPPY BIRTHDAY!

NOVEMBER

4th Virgil Messmer
5th Mary Moeller
6th LaVerne Schitter
7th Betty Meyer
8th Judy Hilgeman
9th Lena Seitz
10th Claire Rohleder
11th Pete Messmer
12th Bobby Sue Borrell
15th Laverne Hanebutt
15th Leroy Welp
18th Darlene Hassfurth
18th Norbert Schroeder
20th Esther Brenner
20th Olive Buchta
24th Gene Kempf
25th Cletus Boehm
30th Marie Bueltel



HAPPY ANNIVERSARY!



NOVEMBER

3rd Dennis & Cathy Buechlein
24th Steve & Martha Howard
25th Ernie & Marilyn Begle
27th Bob & Mikki Stemle
28th Gene & Betty Kempf
29th Bob & Marge Bohnert

*****2011 NEWS LETTER*****



It is time to sign-up to have the 2011 Rainbow Messenger mailed to you each month. The fee for the entire year is

\$7.00. Make checks payable to Older American Center. We will also need the address you would like the newsletter delivered to. The newsletter is available at the (3) Center's (Older Americans, Huntingburg and Ferdinand) for pick-up free of charge. You can also download the calendar from your computer at www.jasperindiana.gov.

- **SUNDAYS:** The Center is open Sundays from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

- **THE HABIG ROOM:** The Habig Room will be open for touring by appointments. Call the office at: 482-4455 to set up a time that is convenient for you.